



GUIDE  
WINTER/SUMMER  
2024

[flaine.com](https://flaine.com)

# FALL AT FLAINE





Parc  
**Astérix**  
PARIS



# WELCOME TO THE GAULS

50 Attractions & Shows - 3 Hotels



[parcasterix.fr](http://parcasterix.fr)

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# WELCOME TO FLAINE, A SKI RESORT FULL OF SURPRISES!

## A DOORSTEP SKIING RESORT WITH A PEDESTRIANISED CENTRE

Enjoy all the joys of a bustling resort that offers the advantages of a **compact pedestrianised centre** with services, shops and ski runs all just a stone's throw from your accommodation.

## A SURPRISING ACCESSIBLE RESORT

Just an hour's drive from Geneva airport, 2 hour's drive from Lyon and 4 hours from Paris by TGV, Flaine is **unquestionably your local resort**.

## A 360° RESORT

We'll take you to the Grandes Platières summit at an altitude of 2,500 metres, where the beauty of the landscapes will blow you away: 360° views over the **Mont Blanc, Aravis, Belledonne and Jura** mountain ranges.

## HOME TO AMAZING SKIING

The resort is nestled in **the peaks of the 4<sup>th</sup> largest interconnected ski areas in France, Le Grand Massif** (Flaine – Les Carroz – Morillon - Samoëns – Sixt).

## A RESORT WITH EXCEPTIONAL SNOW-COVER

Nestling at **altitudes of 1,600 to 2,500 metres**, Flaine enjoys a unique **geographical location** at the heart of a natural cirque, boasting fantastic snow cover right up until the end of the season.

## FLAINE SUMMER PASS

### Summer in Flaine is free!\*

Access to over 30 free activities and entertainments\* with a simple wristband.

*\*Offer combined with a stay at a participating accommodation partner*

## CLASSIFIED RESORT

"Le Flaine Historique" was awarded the "**20th Century Heritage**" label and some buildings are **classified as "Historic Monuments"**. This is also an open-air museum with **Dubuffet, Picasso and Vasarely** monumental artwork.

## A RESORT COMMITTED TO THE ENVIRONMENT

Flaine has been committed to the environment with the environmental observatory since 2007. The Grand Massif ski area continues its sustainable approach by implementing concrete actions to reduce its pressure on the environment with an action plan by 2030.

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# SUMMARY

**DEEP NATURE**  
SPA

# OPEN TO EVERYONE

**PIERRE & VACANCES PREMIUM FLAINE**

**LES TERRASSES D'HÉLIOS**

flaine@deepnature.fr

+33 (0)4 50 55 94 73



©esope chamonix - avril 2020 - photos : L. Di'Ofio - Imagera

Shop Online  
[www.deepnature.fr](http://www.deepnature.fr)

**SPA MONTAGNES DU MONDE®**  
WELCOME THE SWEETNESS!

**ALHENA**  
HOTEL - RESIDENCE - SPA  
+33 (0)4 85 58 24 45

**SPA NUXE**

ACCESSIBLE UPON  
RESERVATION  
OF A TREATMENT

**ROCKY POP** rockypop.com

**TOTEM**  
Spa Totem  
Your wellness experience

3 treatment rooms including 1 duo  
2 saunas and 1 outdoor jacuzzi  
Fitness room + Relaxation area

Spa Totem - Flaine France  
+33 (0)4 30 08 12 57



# WELL-BEING

## RESORT'S AQUATIC CENTRE ❄️ 🌸

**2,000 m<sup>2</sup> dedicated to your well-being!** 25m swimming pool and children's paddling pool - sauna - turkish bath - hydrotherapy tubs - aquagym - aquabike.

**Open to all resort guests.**

Tel. +33 (0)4 50 90 47 46  
Flaine Forum

## FITNESS AND CARDIO-TRAINING ROOM ❄️ 🌸

**Various cardio and weight training devices** are available to help you get back in shape or improve your training: treadmill, bike, weight benches...

Tel. +33 (0)4 50 90 47 46  
Flaine Forum

## DEEP NATURE SPA ❄️ 🌸

With a sauna, steam room, footbath, sensory shower and relaxation room featuring a real lounge, **take full advantage of your well-being experience by enjoying bespoke Deep Nature treatments.**

Tel. +33 (0)4 50 55 94 73  
Les Terrasses d'Hélios residence - Flaine Les Gérats

## NUXE SPA ❄️

Nestled in the heart of the new RockyPop Flaine, located in Forum area, the Spa Nuxe is the perfect place to take care of yourself. By choosing a **prodigious Nuxe care or massage**, you access the 400 sqm spa facilities including swimming pool, Kneipp path, sauna and hammam in a zen and resourcing atmosphere...

Tel. +33 (0)4 80 16 12 21  
RockyPop Flaine Hotel & Spa - Flaine Forum

## TOTEM SPA ❄️

**Has 3 treatment rooms** (including one in duo) **where you will discover signature face and body treatments dedicated to your well-being.** The Wellness area consists of a fitness room, two saunas and a relaxation area extending onto the outdoor terrace with breathtaking views over the mountains. Here in the open air, the jacuzzi will take you to the peak of relaxation.

Tel. + 33 (0)4 30 05 03 52  
Totem Hotel - Flaine Forum

## MONTAGNE DU MONDE SPA ❄️ 🌸

**Rejuvenate in the exclusive Spa Montagnes du Monde® wellness area**, a spa with heated indoor pool where you can enjoy a sauna, hammam, whirlpool or Nordic bath as well as a variety of beauty treatments and relaxing massages.

Tel. +33 (0)4 50 272 272  
Alhénéa Hotel & Spa - Flaine Forum

❄️ Winter 🌸 Summer



**ICE DRIVING SCHOOL**
**PILOTAGE**  
 SUR **GLACE** flaine

Prices:  
 • Try-out: €50  
 • Discovery course for 1h30: €200

École de Pilotage sur Glace  
 74300 FLAINE  
 Tel. +33 (0)4 50 90 82 59  
[www.circuitglace.com](http://www.circuitglace.com)

**Ice Quad - Ice tour**

Hiring quads kids and adults, buggy  
 Evening party with dinner  
 Seminars, multi-activity

Booking: +33(0)6 21 09 99 02  
 From 8.00am to 9.00pm  
[icequadflaine@gmail.com](mailto:icequadflaine@gmail.com)  
[www.icequad.fr](http://www.icequad.fr)

**SNOWMOBILE**

Located between  
 Les Carroz and Flaine  
 Tel. +33 (0)6 12 21 40 60  
[www.deltaevasion.com](http://www.deltaevasion.com)

**SPORTING ACTIVITIES****CITY GAME** ❄️ ❄️

Criss-cross the resort in search of major artworks and try to find answers to puzzles to solve their mysteries. A fun way to explore Flaine with the family!

**3 formulas according to ages and levels.**

*Discount with Flaine Summer Pass.*

Flaine tourist office • Tel. +33 (0)4 50 90 80 01 • [www.flaine.com](http://www.flaine.com)

**CLIMBING** ❄️

**4 natural sites and 1 artificial wall in Flaine.**

Cœur de montagne

Tel. +33 (0)6 66 95 20 87 • [rodrigomoraga@yahoo.fr](mailto:rodrigomoraga@yahoo.fr)

**CROSS-COUNTRY SKIING** ❄️

**3 runs for all to discover.**

*Free access.*

**Access by free shuttles.**

**DOG SLEDDING** ❄️

**Share a special moment with husky dogs!** Supervised by professionals, learn how to mush, or just sit back comfortably as you travel over the snow-covered trails (over 3s).

Evasion nordique  
 Tel. +33 (0)6 82 09 50 03  
[www.evasion-nordique.com](http://www.evasion-nordique.com)

Les Granges de Heidi  
 Tel. +33 (0)6 66 46 10 97  
[www.lesgrangesdeheidi.fr](http://www.lesgrangesdeheidi.fr)

**ESCAPE BOX** ❄️

Locked in a chalet, participants must work together to conduct the investigation and solve, in 1 hour, the puzzles that allow them to save «the soul of the pirate».

*Discount with Flaine Summer Pass.*

Flaine tourist office • Tel. +33 (0)4 50 90 80 01 • [www.flaine.com](http://www.flaine.com)

**FISHING** ❄️

In lakes of Flaine, Vernant, Airon and in the rivers, license on sale at the Tourist Office.

**Fishing initiation workshop:**

A qualified instructor helps prepare materials and provides guidance throughout the session. Fishing rod and bait are provided and included.

*Discount with Flaine Summer Pass.*

Flaine tourist office • Tel. +33 (0)4 50 90 80 01 • [www.flaine.com](http://www.flaine.com)

Dog-sled rides in winter and in summer.

**Les Granges de Heidi**

Tel. +33 (0)6 66 46 10 97  
[www.lesgrangesdeheidi.fr](http://www.lesgrangesdeheidi.fr)

**ÉVASION NORDIQUE**

Introduction to drive dog harnessing

Tel. +33 (0)6 82 09 50 03  
[evasion.nordique.74@wanadoo.fr](mailto:evasion.nordique.74@wanadoo.fr)  
[www.evasion-nordique.com](http://www.evasion-nordique.com)

## GRAVITY ZÉRO ❁

Try the "Zero Gravity" experience, you will be propelled horizontally through the void at breakneck speed! Sensible soul to withhold!

*Flaine Forêt at the arrival of Télécabenne | from 6 years old | min. 20kg*

**Booking at Grandes Platières cable car or on [www.grand-massif.com](http://www.grand-massif.com)**

## GEOCACHING ❁

Halfway between a treasure hunt and orienteering, geocaching is to find small boxes filled with trinkets, the "caches" hidden by insiders in picturesque corners or after a beautiful walk. Everything, GPS in hand! Take to the game during your summer holiday and try to find the «caches» in Flaine!

*Geocaching app.*

## GUIDED HIKES AND MOUNTAIN BIKE TOURS ❁

Philippe, a mountain guide and mountain bike instructor, offers themed walks for a day or several days.

**Flaine mountain**

**Tel. +33 (0)6 03 29 44 86 • [contact@flaine-mountain.com](mailto:contact@flaine-mountain.com)**

## GOLF ❁

You'll get your fill in Flaine and Le Grand Massif! Set off to discover new activities, for guaranteed thrills! **At 1,900 metres, it is one of the highest golf course in Europe**, with breath-taking panoramic views over the Aravis mountain range. Once you pass hole 14, admire views over **Mont Blanc. A leading mountain golf course.** Flaine golf course is unique thanks to its technically challenging, spectacular course. Lasting 4½ hours, with fun inclines it's somewhere to enjoy an intense day of sports. Before setting off on the **18-hole course**, why not spend some time warming up on our various **putting greens, practice zones, approach areas and training bunkers.** With a range of varied difficulty levels, this course is **accessible to all golf licence holders, no handicap required:** amateur and experienced players, children and adults alike.

*Open from July to September.*

**Tel. +33 (0)4 50 90 85 44 (in season)**

**Tel. +33 (0)4 50 90 00 42**

## HAVE A BALL! ❁

Children can try their hand at rolling a beautiful wooden ball decorated with the resort logo around an outdoor course.

*Ball for sale at Tourist office.*

## HOT-AIR BALLOON FLIGHT ❁ ❁

Embark on an unforgettable experience flying over the mountains.

**Le ciel est à vous**

**Tel. +33 (0)6 81 67 74 64 • [www.aeronaute.eu](http://www.aeronaute.eu)**

## ICE DRIVING ❁

There are certain similarities between steering your skis and steering a car: acceleration, braking, negotiating corners... Whether fast or taking it easy, the ice-driving school offers a range of packages: from introductions to multi-day courses for learning how to master a vehicle on an ice-covered road.

**Tel. +33 (0)4 50 90 82 59 • [www.circuitglace.com](http://www.circuitglace.com)**

## ICE QUAD AND BUGGY RZR 800 ❁

Experience life as a racing driver, behind the wheel of a buggy or quad bike, on a 700-metre ice track. Children can be just like the grown-ups with quad bikes accessible from the age of 7.

**Tel. +33 (0)6 21 09 99 02 • [www.icequad.fr](http://www.icequad.fr)**

## ICE RINK ❁

Little ones and grown-ups will love gliding on the natural outdoor ice rink. It opens in the morning for electric quad biking for the over 4s and in the afternoon for skating for the over 3s.

**Flaine Forum**

## KID'S QUAD ❁

Quads for kids from 3 to 15 years old.

*Discount with Flaine Summer Pass.*

**Tel. +33 (0)6 21 09 99 02 • [kidsquadflaine@flaine.com](mailto:kidsquadflaine@flaine.com)**

## OUTDOOR LASER TAG ❁

Just like paintball, this is played in the same way, but without getting hurt, for guaranteed fun! You can play the role of a sniper with super accuracy thanks to the telescopic sight!

*From 7 years old. Discount with Flaine Summer Pass.*

**Flaine tourist office**

**Tel. +33 (0)4 50 90 80 01 • [www.flaine.com](http://www.flaine.com)**



**PARAPENTE PLANÈTE**  
VOLS BIPLACE  
ENSEIGNEMENT  
Équipe professionnelle diplômée FFVL

- Tandem paragliding Flights
- Basic & advanced Courses

Summer office : *Ski2000 ProShop Bootfitting*  
1 route du Servey 74300 LES CARROZ

☎ +33-(0)6-52-94-33-81

[www.parapente-planete.com](http://www.parapente-planete.com)

FFVL  
EFVL  
ancv  
ONEQUE VACANCES



### PARAPENTE AIR PASSION

Tandem flight approved by FFVL.

Tel. +33 (0)6 85 75 03 81

contact@airpassionlescarroz.fr  
[www.airpassionlescarroz.fr](http://www.airpassionlescarroz.fr)  
Facebook :  
AirPassionParapenteLesCarroz

### MAISON DE LA MONTAGNE ALDPS FLAINE

Supervised activities and outings during the summer. Tel. +33 (0)4 50 90 81 00

- Hiking
- E-Mountain Biking
- Climbing
- Canyoning
- Potholing
- Via Ferrata
- Rafting / Air boat / Canoraft / Hydrospeed
- And many more...

### FLAINE PARAPENTE

Paragliding

Tel. +33 (0)6 60 08 81 79

broisinl@hotmail.com

[www.flaine-parapente.com](http://www.flaine-parapente.com)

### CŒUR DE MONTAGNE

CLIMBING - CANYONING

VIA FERRATA

Tel. +33 (0)6 66 95 20 87

rodrigomora@yahoo.fr

### MAISON DE LA MONTAGNE ❁

**With outings to suit all abilities**, our mountain guides will help you discover Flaine and the surrounding area: hiking, mountain biking, climbing, via ferrata, caving, white water sports...

Tel. +33 (0)4 50 90 81 00

### MARKED TRAILS FOR WALKING AND SNOWSHOEING ❁

Flaine is a rare beauty for you to discover. For snowshoeing and walking, maintained, marked trails are **free to access** and situated at the Col de Pierre Carrée.

Access by free shuttle.

### MOUNTAIN KART ❁ ❁

Hit the slopes on an all-terrain kart and live a unique and fun experience!

*Descents from Aup de Véran cable car in winter and on Ballacha in summer.*

**Reservations at the ticket offices of the Grandes Platières cable car or on [www.grand-massif.com](http://www.grand-massif.com)**

### OUTDOOR GAME AROUND MOUNTAIN LAKES ❁

This treasure hunt with a storyline will help you discover 3 of Flaine's nearby lakes. A wonderful way to hike and get kids walking with a fun goal.

*Free game with avec Géodyssée app.*

### PARAGLIDING ❁ ❁

Combine thrills with breath-taking panoramic views by flying over the snow-capped mountains in a paraglider. With accompanied first flights, introductory and improvers flights offered as part of courses, discover the ski area and Flaine resort as you've never seen it before!

• Air passion  
Tel. +33 (0)6 85 75 03 81  
[www.airpassionlescarroz.fr](http://www.airpassionlescarroz.fr)

• École du Ski Français  
Tel. + 33 (0)4 50 90 81 00  
[www.ski-school-flaine.co.uk](http://www.ski-school-flaine.co.uk)

• Flaine Parapente  
Tel. +33 (0)6 60 08 81 79  
[www.flaine-parapente.com](http://www.flaine-parapente.com)

• Parapente Planète  
Tel. +33 (0)4 50 18 57 18  
+33 (0)6 52 94 33 81  
[www.parapente-planete.com](http://www.parapente-planete.com)

### SLEDGE ❁

**Three toboggan runs** let all ages glide to their heart's content. Located in Flaine Forum, under the iconic Jean Dubuffet sculpture and at the Col de Pierre Carrée (red zone for the over 6s and black for the over 12s).

*Free access.*



## SNOWMOBILE ❄️

Set off on a snowmobile adventure for an unusual ride that's full of surprises and breath-taking landscapes! The rides take place after night fall, on ski runs and through forestland.

*From 1.35m for passengers.*

**Nature Motoneige**

Tel. +33 (0)6 12 21 40 60 [www.deltaevasion.com](http://www.deltaevasion.com)

## SNOWKITE ❄️🌸

Pulled along by the wind, set off to conquer vast expanses of snow... on a snowkite! A winter version of kitesurfing, it's an activity that offers an intense rush of freedom! Defy the laws of gravity and enjoy an exceptional, peaceful setting!

*Equipment not supplied - Intermediate level require*

**Flaine Master Class**

Tel. +33 (0)4 50 90 87 16 [www.ski-rental-flaine.com](http://www.ski-rental-flaine.com)

## SNOWSHOEING HIKES IN GROUP 🌸

To unveil the secrets of this beautiful natural setting, call upon a professional! Our service providers organise group snowshoeing hikes.

When night falls, don your snowshoes for a star-lit hike before enjoying an authentic Savoyard meal.

• **École du Ski Français**

Tel. +33 (0)4 50 90 81 00

[www.ski-school-flaine.co.uk](http://www.ski-school-flaine.co.uk)

• **Flaine Mountain**

Tel. +33 (0)6 03 29 44 86

[www.ecole-ski-flaine.fr](http://www.ecole-ski-flaine.fr)

• **ESI Grand Massif**

Tel. +33 (0)4 50 90 84 41

[www.esi-grandmassif.com](http://www.esi-grandmassif.com)

• **Flaine Master Class**

Tel. +33 (0)4 50 90 87 16

[www.ski-rental-flaine.com](http://www.ski-rental-flaine.com)

## TENNIS 🌸

4 artificial lawn courts at the heart of an exceptional setting.

*Equipment loans (deposit required) and free access with Flaine Summer Pass.*

**Flaine tourist office**

Tel. +33 (0)4 50 90 80 01 [www.flaine.com](http://www.flaine.com)

## TRAIL RUNNING ❄️🌸

Embark on a trail running session in Flaine and admire a wealth of different landscapes, from exceptional views over the Mont Blanc massif to the mountainous balconies overlooking the Arve Valley. In the winter, you'll have the choice between trying out all 3 trails, or something more physically demanding with 2 timed challenges. And in the summer, you'll run over marked routes, but don't forget to bear in mind the altitude.

*This free app "Flaine Les Carroz espace outdoor" will be a real navigation aid to anyone who's never without their phone.*

## TREETOP ADVENTURE TRAILS 🌸

Theses 2 courses offers pathways where acrobatic workshops take place: Tarzan jump, monkey bridge, zip line or more unusual workshops, you will rub shoulders with the treetops.

*From 1.40m and from 1.25m (accompagnied).. Discount with Flaine Summer Pass.*

**Flaine tourist office**

Tel. +33 (0)4 50 90 80 01 [www.flaine.com](http://www.flaine.com)

## YOGA ❄️🌸

Theses easy, accessible routes includes 10 Yoga postures to carry out individually or with friends, in winter and summer.

*Accessible via free shuttlebus or, if you're feeling fit, on foot from the resort centre.*

The mountain professionals of Flaine offer coaching and outings in **telemark, touring skiing, splitboard, freeride riding, freestyle riding, speed-riding and cross-country skiing.**

# On Grand Massif AREA 🌸

## VIA FERRATA & CANYONING

Cœur de montagne

Tel. +33 (0)6 66 95 20 87

[rodrigoromora@yahoo.fr](mailto:rodrigoromora@yahoo.fr)

## POTHOLING

Maison de la montagne

Tel. +33 (0)4 50 90 81 00

## CANIRANDO AND CANIWALK

Dog-sled rides.

**Evasion Nordique**

Tel. +33 (0)6 82 09 50 03

[www.evasion-nordique.com](http://www.evasion-nordique.com)

**Les Granges de Heidi**

Tel. +33 (0)6 66 46 10 97

[www.lesgrangesdeheidi.fr](http://www.lesgrangesdeheidi.fr)

## RAFTING, CANORAF, HYDROSPEED, AIRBOAT

You'll find the very best in white water sports on Grand Massif.

**Maison de la montagne**

Tel. +33 (0)4 50 90 81 00

# CULTURAL & MUSICAL ACTIVITIES

## ART CENTRE ❄️ 🌸

Combining winter sports and culture, Flaine invites you to its Art Centre which hosts a series of contemporary artist's exhibitions.

## LIBRARY ❄️ 🌸

The Art Centre has lending library including books in English, a multimedia zone, a youth section with a reading corner.



## HERITAGE GUIDED TOUR ❄️ 🌸

Would you like to find out more about the creation of this unusual resort? A guided tour is available free of charge so you can discover Flaine's architectural and artistic heritage.

To discover this unaccompanied Art trail, QR codes have been installed near the works. Just scan them with a smartphone.

**Art centre**  
Tel. +33 (0)4 50 90 41 73  
Flaine Forum  
[www.centredartdeflaine.com](http://www.centredartdeflaine.com)

## CINEMA ❄️ 🌸

So you don't miss the latest blockbuster or your favourite director's new film, take a trip to the cinema. With 2 screenings a day, your film is sure to be on the bill.

**Discount with Flaine Summer Pass (in summer only).**  
Tel. +33 (0)4 50 90 43 12  
Flaine Forum

## MUSIC, A PRESTIGIOUS HERITAGE 🌸

Classical music has had a presence in the resort right from the start, holding a very special place in the heart of Flaine locals. Throughout the summer, many free concerts are offered in the magnificent Flaine auditorium.

Three music academies continue the tradition of high-level music teaching, placing the emphasis on excellent working conditions for both teachers and pupils.

**Académie Internationale de Musique**  
[www.aimdeflaine.com](http://www.aimdeflaine.com)

**Opus 74**  
[www.opus74-flaine.com](http://www.opus74-flaine.com)

**Musique à Flaine**  
[www.musiqueaflaine.fr](http://www.musiqueaflaine.fr)

### FLAINE ART CENTRE

Contemporary Art exhibitions, lending library, cultural guided tour...

Open from Sunday to Friday - 4pm to 7pm.

Flaine Forum - Tel. +33 (0)4 50 90 41 73  
[centre.art@flaine.com](mailto:centre.art@flaine.com) - [www.centredartdeflaine.com](http://www.centredartdeflaine.com)

### CINEMA STUDIO 1600

Flaine Forum  
Tel. +33 (0)4 50 90 43 12  
[allocine.com](http://allocine.com)

# THE MUST-HAVES

## Children's "ski" clubs

Aimed at teaching children to ski while enjoying themselves, the "**Club Piou Piou**" (ESF Flaine) is available for 3 to 12-year olds and the "**Little One**" (Grand Massif ESI) for 3 to 5-year olds.

## Skipass

**Free** all season for **children under 8** and seniors aged 75 and over (proof of ID required)



### A la carte skiing

4-hour, day or 6-day pass, Flaine or Grand Massif, user-friendly point card... find your magic formula to enjoy the beautiful slopes of the ski area at your own pace.

## A paradise for beginners

### This way, it's free!

Beginners are also well catered for here with **4 free ski lifts**, 3 magic carpets (Pré, Michalet and Bissac) and 1 bucket lift, as well as **2 beginners' areas**, including the Pré and Bissac safe zones.

Flaine welcomes you to discover its wide snowy boulevards that are suitable for all, beginners and experts alike. Did you know that you can get **all the way around the ski area using only blue runs?** Perfect for families!

## PREPARE YOUR STAY



Real-time ski area  
information



Webcams



Events &  
Entertainment

## SKI PASS 2023/2024

### GRAND MASSIF

	ADULTS 15 TO 74 YRS	CHILDREN 8 TO 14 YRS
4 CONSECUTIVE HOURS	€51,80	€41,40
1-DAY	€57,50	€46

### FLAINE

	ADULTS 15 TO 74 YRS	CHILDREN 8 TO 14 YRS
4 CONSECUTIVE HOURS	€47,70	€38,20
1-DAY	€53	€42,40

Offers available on [grand-massif.com](http://grand-massif.com)

\*Prices excluding hands skicard (+2 €/skipass) compulsory for all the durations. Non-refundable rechargeable support. Information given for reference purposes only.

# GrAND MASSIF

FLAINE • LES CARROZ • MORILLON • SAMOËNS • SIXT

GRANDES JORASSES ▲  
4208m



## FUN ZONES

1 Cascades Experience ! 14 km de descente en pleine nature  
Cascades Experience ! 14 km in the nature

### FLAINE

- 1 Ze Quartz Park
- 1 Urban'z
- 1 Ze Funny Slope

### MORILLON

- 1 Ze Marvel Safari
- 1 Ze KidzPark

### LES CARROZ

- 1 Cool Zone de l'Oasis
- 1 Boardercross
- 1 Luge sur rail "Speed Dragoz"

### SAMOËNS

- 1 Ze SeptiSnake
- 1 La Forêt Mystérieuse de ZiziPanpan

## FREERIDE ZONES

Pistes sécurisées non damées / Secured ungroomed pistes

### FLAINE

- 1 Agate
- 1 Combe de Vêret
- 1 Combe de Gers

### LES CARROZ

- 1 Corbalanche

### SAMOËNS

- 1 DVA Park



ESPACE LUGE

Sledging area

## SIXT

760m - Salvagny

PCG III

### RETOUR

**PISTE DES CASCADES**  
Skibus gratuit toutes les 20 min vers Samoëns télécabine GME et Morillon village jusqu'à la fermeture de la piste.

**CASCADES PISTE RETURN**  
Free skibus every 20 min to Samoëns GME gondola and Morillon village until the slopes is closed.

## SAMOËNS

700m - Village

PCG III

## SAMOËNS

1600m - Les Saix

PCG III

## MORILLON

700m - Village

PCG III

## MORILLON

1100m - Les Esserts

PCG III

## LES CARROZ

1200m - Village

## FLAINE

1740m - Village

PCG III

ARACHES

TETE PELOUSE 2474m

SKIPASS GRAN

Piste des

la pout

boisne

casoigne

la pout

jas

14

gès

Combe de Gers

2309m

GRANDS VANS 2204 m

groux

19

tourmaline

grand chaudoiron

14

VERRET

19

Combe de Vêret

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ACCÈS FLAINE

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LEIAC

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arolle

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portet

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FLAINE

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SKIPASS

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YETTES SAIX

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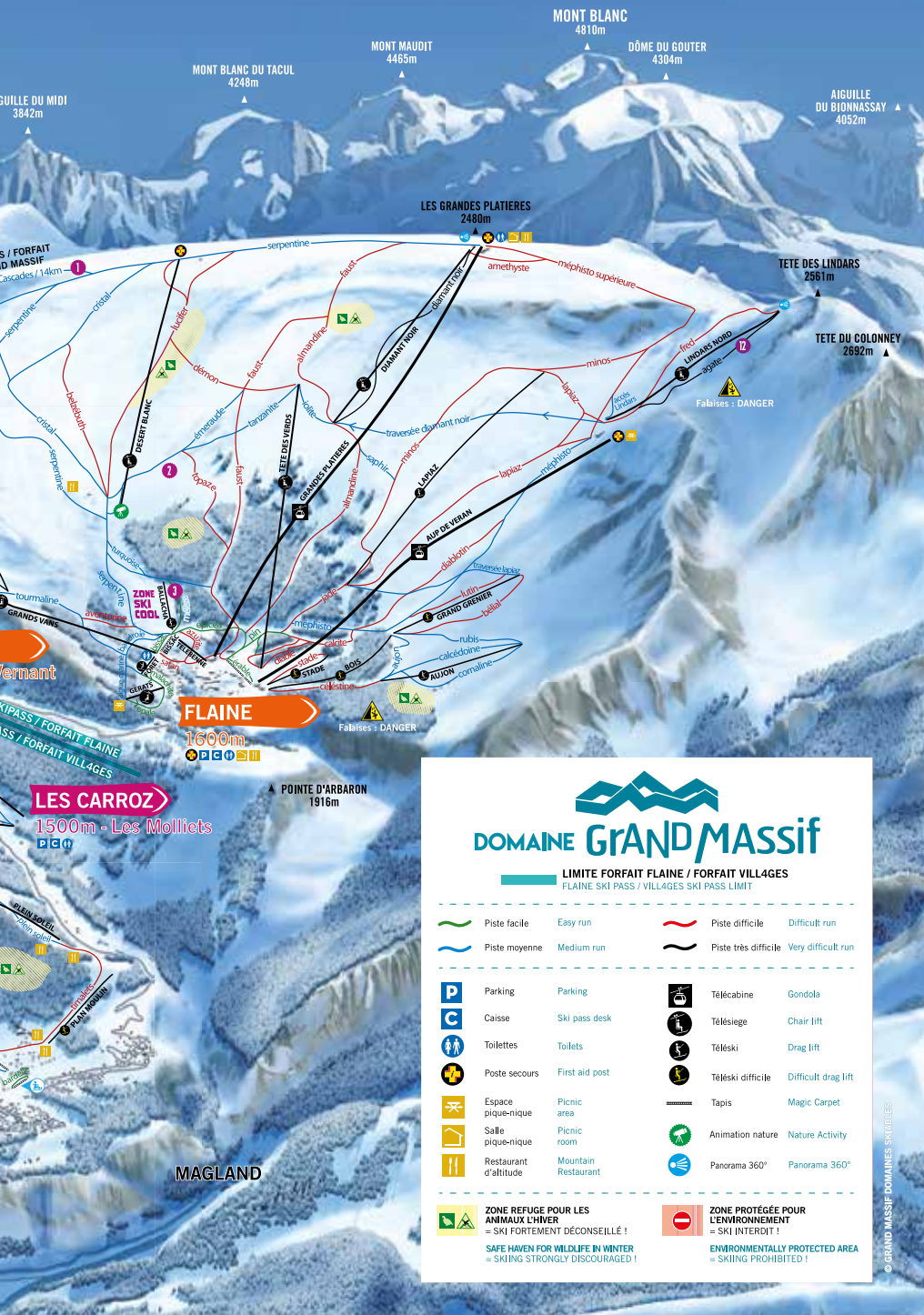
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## Grand Massif

Tel. +33 (0)4 50 90 4000  
[grand-massif.com](http://grand-massif.com)

**FLAINE SKI AREA**  
1 600 M – 2 500 M  
24 lifts  
64 marked runs

**GRAND MASSIF SKI AREA**  
700 M – 2 500 M  
62 lifts  
139 marked runs

## Flaine

**From 16<sup>th</sup> December 2023\* to 21<sup>st</sup> April 2024**

\*From 16<sup>th</sup> to 22<sup>nd</sup> December 2023, subject to weather and snow conditions.

## Grand Massif

**From 23<sup>th</sup> December 2023 to 14<sup>th</sup> April 2024**

Find all information about the ski area, news, weather information, webcams and much more on [www.grand-massif.com](http://www.grand-massif.com)

## Restaurant Le Michet

Un cadre unique à Flaine !

Service à table  
Midi et soir

Restauration  
traditionnelle

Spécialités  
savoyardes



Tél. +33 (0)4 50 90 80 08

2 chalets d'alpage  
authentiques  
flaine forum



OPEN DAILY FROM 8:30 A.M. TO 7:00 P.M.  
RESERVATION ON 04 57 44 45 85



## L'Éloge

Bar Restaurant  
(service à table)

Tél. +33 (0)4 50 90 85 91



BRASSERIE LES CIMES  
FLAINE-FORUM - 04 50 90 89 64  
BRASSERIE - PIZZERIA - SPÉCIALITÉS SAVOYARDES - BAR - LOUNGE  
RESTAURANT NAME: BRASSERIE LES CIMES BAR PIZZERIA  
QR CODE  
QR CODE  
DINNER EXPRESS  
04 50 96 57 02  
Livraison Pizzas & Repas / Pizzas & Meals Delivery



  
**Le Bissac**  
Flaine Forêt  
ouvert 9h30 -17h  
Bar - Self service  
et Restaurant  
(sur réservation conseillée)  
croq'raquettes le jeudi soir  
Tél. +33 (0)4 50 90 81 32  
www.lebissac.com



**RESTAURANT- BAR LE DESERT BLANC**  
Au sommet du DMC avec vue  
panoramique sur le Mont-Blanc  
TEL:04.50.90.82.09 E-mail: ledesert.blanc@orange.fr

## BARS &amp; RESTAURANTS

## On the slopes

### LE BISSAC ❄️

Tel. +33 (0)4 50 90 81 32

**A chalet with a friendly atmosphere!**

Bar - Self-service - Restaurant (non-stop snacking from 9am to 5pm).

*Free pedestrian access via telebenne and Bissac magic carpet.*

### LES CHALET DU MICHET ❄️

Tel. +33 (0)4 50 90 80 08

**Refined, inventive cuisine in an authentic 100-year-old sheepfold.**

Our cuisine is a skilful blend of local tradition, French gastronomy and an escapade into the heart of the world's flavors, with an emphasis on fresh, quality produce, local producers and therefore short circuits thanks to daily deliveries.

*Pedestrian access.*

### LE DÉSERT BLANC ❄️

Tel. +33 (0)4 50 90 82 09

**Brasserie/Snack bar & self-service restaurant.**

Panoramic terraces at 2,500 m with breathtaking view of the Mont-Blanc massif!

You can eat on the go, sip a delicious hot chocolate, or simply take time to eat in the restaurant and choose a starter from the buffet and a traditional dish.

*Pedestrian or ski access via the Grandes Platières cable car.*

### L'ÉLOGE ❄️

Tel. +33 (0)4 50 90 85 91

**A cosy restaurant in a rustic setting.**

The ideal place to enjoy an afternoon drink, with music, before returning to your accommodation.

*Pedestrian access.*

### REFUGE DE PLATÉ RESTAURANT ❄️ ❄️

Tel. +33 (0)6 63 62 42 90

Come and discover the Platé desert, one of the largest lapiaz in Europe. Romain and his team welcome you for a relaxing moment on the terrace.

*Access by snowshoe/ski touring in winter and on foot in summer, from the Grandes Platières cable car.*

## Flaine Front de neige

### LA JOYEUSE FLAINOISE ❄️

Tel. +33 (0)4 57 44 45 85

**Generous, original and sincere cuisine using local, seasonal produce for lunch,** and homemade pastries for afternoon snacks. From the first ray of sunshine, you can enjoy the panoramic terrace.

### RESTAURANT LE BAUHAUS ❄️ ❄️

Tel. +33 (0)4 85 58 24 45

**Bar & restaurant**

Inspiration Savoyarde - Selection of grilled meats and casseroles. Local products.

## Flaine Forum

### 1967 ❄️ ❄️

Tel. +33 (0)4 50 90 87 40 / +33 (0)6 62 22 04 63

In the evening, come and discover **their char-grilled meats.** All products are local and homemade.

### BAR ROCKYPOP FLAINE ❄️

Tel. +33(0)4 80 16 12 21

**Cocktail menu, beer and wine selection, savory and sweet treats...** the bar caters to every post-ski craving. In a friendly, colorful atmosphere, enjoy the lounge area by the fireplace, or sit back and relax on the large bar stools!

Billiards - table soccer - karaoke - arcade games.

### BLACK SIDE CAFÉ ❄️ ❄️

Tel. +33 (0)4 50 90 83 06

With its warm atmosphere and carefully concocted **dishes combining tradition and originality,** Black Side Café will welcome you as if you were at home. Lunch starts at 12:00 with home-cooked food!

### BUFFET ROCKYPOP FLAINE ❄️

Tel. +33(0)4 80 16 12 21

**Foodtruck-style buffets.** Enjoy a wide variety of authentic cuisine based on local produce, around large tables: cold starters, fishmongers, butchers, Italian specialties, cheesemongers, patisseries...

*Reservations recommended.*



**TOTEM**  
Friendly Hotel France

**Friendly Kitchen**  
Happiness is on the plate !

Restaurant and bar at the foot of the slopes with panoramic terrace  
A la carte lunch and buffet dinner  
Happy hour on Thursdays 5 to 7pm

Hotel Totem - Flaine Forum  
+33 (0)4 30 05 03 40



**SUSHI HOUSE**  
RESTAURANT **100% JAPANESE**  
OF THE ROCKY POP FLAINE  
rockypop.com



Flaine Forum  
Spécialités savoyardes  
04 50 90 81 87  
C. Zdzard@flaine@wanadoo.fr

**ROCKY BAR**

**THE BAR WITH THE MOST OFFBEAT ATMOSPHERE IN FLAINE**

ROCKY POP

BOYZ ROCK  
CHEERS  
AGES



FROMAGE FROMAGE FROMAGE FROMAGE FROMAGE

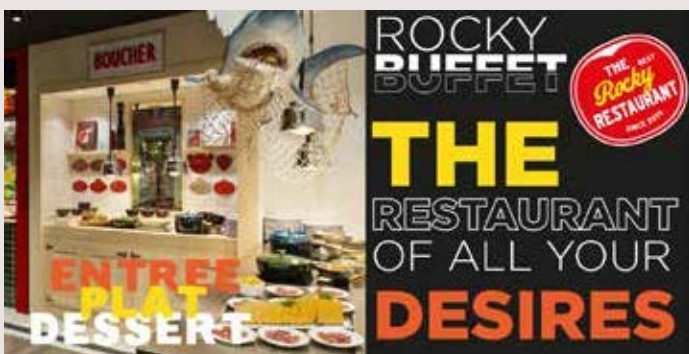
**THE RESTAURANT**  
*only for*  
**CHEESE LOVERS.**

Frometon  
rockypop.com



**RESTAURANT CHEZ DANIEL**

FLAINE FORUM  
SPÉCIALITÉS SAVOYARDES  
04 50 90 81 87  
CHEZ.DANIELFLAINE@WANADOO.FR



**ROCKY BUFFET**

**THE RESTAURANT OF ALL YOUR DESIRES**

ENTREE PLAT DESSERT

BOUCHER

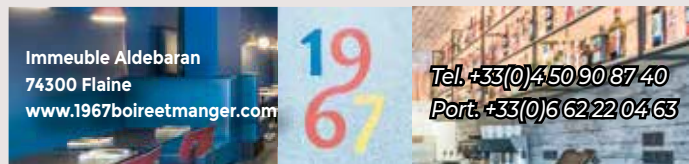
THE ROCKY RESTAURANT



**CAFE-RESTAURANT-BAR**  
**SABAUDIA**

FLAINE FORET

+33(0)4.50.18.81.77



Immeuble Aldebaran  
74300 Flaine  
www.1967boireetmanger.com

1967

Tel. +33(0)450 90 87 40  
Port. +33(0)6 62 22 04 63



**SNOW FRONT BAR & RESTAURANT**

**ALHENA**  
HOTEL - RESIDENCE - SPA  
+33 (0)4 85 58 24 45

LE BAUHAUS  
RESTAURANT - FLAINE



**Le Grain de Sel**

Open  
Lunch, Dinner  
7 / 7

Traditional restaurant  
resto-legraindesel.fr

Flaine Forum  
+33(0)4 50 18 74 43



**Bar - Restaurant**  
**L'ETERLOU**

Flaine Les Gérats - Tel. +33 (0)4 50 21 98 35



**BRASSERIE LES CIMES** ❄️ 🌸

Tel. +33 (0)4 50 90 89 64

In a typically mountain setting and friendly atmosphere, with a wood-panelled design inspired by Savoyard chalets, the Brasserie offers a menu featuring traditional dishes, pizzas, Savoyard specialities and a daily menu.

At the foot of the slopes, a south-facing terrace is the perfect place to relax and enjoy a moment with friends or family in an exceptional setting.

In the afternoon, a fast-food service is available for those with a small appetite.

*Home meal delivery service with Dinner Express.*

**CHEZ DANIEL** ❄️ 🌸

Tel. +33 (0)4 50 90 81 87

**Savoyard speciality restaurant with a warm, friendly atmosphere.** A menu highlighted by fresh & local produce - direct from certain producers.

**L'ÉPICERIE DE BALME** ❄️

Tel. +33 (0)6 44 00 61 03

**A gastronomic adventure!**

We offer hot dishes, local produce and family recipes to eat in or take away, as well as fresh bread.

**FRIENDLY KITCHEN** ❄️

Tel. + 33 (0)4 30 05 03 44

**Between two descents, stop for lunch on one of Flaine's most beautiful terraces.** We offer a varied, well-balanced menu to satisfy both small and large appetites.

Every evening, discover a different selection of products on our starter and hot buffet, prepared before your very eyes for an original experience to suit everyone's tastes! End your culinary journey on a gourmet note with our homemade pastries.

**FROMETON** ❄️

Tel. +33 (0)4 80 16 12 21

**Savour the best of Savoie at Frometon!**

Frometon is one of 3 restaurants at the RockyPop Flaine Hotel & Spa, and is open for dinner only. To make the most of it, reserve your table in advance. On the menu: fondue, raclette, charcuterie and other delights... all in a warm and friendly atmosphere!

**LE GRAIN DE SEL** ❄️ 🌸

Tel. +33 (0)4 50 18 74 43

**Bar-Restaurant open all day.**

In a friendly atmosphere, we offer breakfast, Savoyard specialities and traditional crêpes for snacks (quick service) all day long.

**O'SPOT** ❄️ 🌸

Tel. +33 (0)6 18 01 16 38

Your hosts, a Flaine's family, will be delighted to introduce you to their local beers and platters, their homemade tapas and their world cuisine.

**MONSTER BURGER** ❄️ 🌸

Tel. +33 (0)9 84 40 71 48

**Burgers & salads**

Monster Burger offers meals at attractive prices.

*Delivery service only in winter.*

**SUSHI HOUSE** ❄️

Tel. +33 (0)4 80 16 12 21

The RockyPop Flaine Hotel & Spa has thought of everything, even sushi in the mountains!

**Makis, nigiris, sashimis, california rolls, soups...**

*Limited seating, reservation required.*

**Flaine Forêt****SABAUDIA** ❄️ 🌸

Tel. +33 (0)4 50 188 177

**Café - Restaurant - Bar**

Let yourself be welcomed by a pleasant, dynamic team. The menu offers a wide variety of dishes from different countries. Homemade, hearty meals, and lunch and dinner service.

*Reservations recommended.*

**Flaine Les Gérats****L'ETERLOU** ❄️ 🌸

Tel. +33 (0)4 50 21 98 35

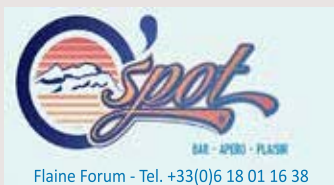
This restaurant/bar and its terrace, with a panoramic view of the mountains, welcomes you from après-ski. **Its imaginative and tasty cuisine** is inspired by the market and Alpine terroir, with mountain specialities such as raclette and fondue. Inventive sweet treats and ice cream sundaes will round off your dinner in style.

**RESTAURANT DORMIO FLAINE 1850** ❄️

Tel. +33 (0)4 50 53 18 62

A cosy restaurant with a terrace offering splendid panoramic views. Here you can enjoy a tasty dinner after an active day outdoors. Choose from **regional specialities, traditional dishes and international cuisine.**

We also offer a **selection of exclusive wines.**



## RECIPE

# SAVOY BISCUITS

Preparation: 15 mins • Baking: 25 mins

Difficulty ★★



### Ingredients for 6 people

- 5 egg yolks
- 5 egg whites
- 165 g sugar
- 50g flour
- 50g corn flour

### Preparation

- Beat the egg yolks with 150g of sugar.
- Add the 50g of flour and the 50g of corn flour.
- Whisk the egg whites, stiffen them with 15g of sugar.
- Pour them into a buttered and floured mould then cook in the oven for 25 minutes at 170°C.

### Our wine butler's suggestion to accompany the meal:

Chignin Bergeron (white)

### SOME HISTORY

Similar to sponge cake, this biscuit certainly appeared during the Renaissance under the influence of the Italian chefs working for Catherine de Medici.

The only difference comes from the fact that whole beaten eggs are used to make the sponge cake, while whites and yolks are beaten separately for the Savoy biscuit.



**DOUCE FRANCE**

**Delicatessen, BIO & regional products**

Delicatessen & cheese  
Regional fine wines and from France  
Raclette, fondues to take away with loan of material.

**OPEN 7/7 IN SEASON**

Galerie marchande - Flaine Forêt

Tel. +33 (0)4 50 90 85 67

**FOOD SHOPS****Flaine Forum****CHEZ BOLZI**

Tel. +33 (0)4 50 58 00 38

Many regional products: cheeses, charcuterie, "pâtés", wines, beers, soups, etc.

Come and test our fondue or raclette formulas (with the possibility of loaning equipment).

**SHERPA**

Tel. +33 (0)4 50 90 86 09

**Your mountain supermarket**

Online order / Home delivery (see conditions in store) – "Raclette", "fondue", "pierrade" to take away with loan of appliances - Cold cuts and cheese by the cut - Tasting and sale of regional products - Wine, Beer & Champagne cellar - Catering - Meat - Rotisserie - Sandwich shop - Bread and pastries baked on site - Pastries - English products - Drugstore - Firewood - Sale of snow chains - Stamps

**Flaine Forêt****BAKERIE AUX SAVEURS DE FLAINE**

Tel. +33 (0)4 50 93 18 44

**Artisan - Baker - Pastry cook**

Snack area, sandwiches and breakfast - Delivery date possible.

**DOUCE FRANCE**

Tel. +33 (0)4 50 90 85 67

**Products from our mountains** such as farmhouse cheeses, sausages, hams, charcuterie by the slice.

Alcohols, honeys and jams selected from our best local artisans and producers.

**Flaine Les Gérats****SPAR HÉLIOS**

Tel. +33 (0)4 50 58 00 38

**A wide range of products and services:** fruits and vegetables, fresh produce, bread and pastries baked on site every day, delicatessen, local produce, wine & champagne cellar, caterer, sale of snow chains, sale of firewood and ecological logs.

**SUPERMARCHÉ SPAR LES TERRASSES D'HÉLIOS**

**Open 7/7**

Fruits and vegetables - Fresh product  
Bread and pastries baked on site daily  
Delicatessen, local produce.  
Wine cellar - Champagne

Access: Residence Pierre & Vacances Hélios  
La Placette (level-2)

Tel. +33 (0)4 50 58 00 38  
spar-flaine@wanadoo.fr  
www.spar.fr

**CHEZ BOLZI**

Epicerie fine

Produits régionaux

04 50 58 00 38

06 87 25 64 85

FLAINE FORUM • 74300 Flaine



**PROPERTY SERVICES**

- Concierge Company based on place: your referral to manage your property (key handover, inventory etc ...)
- Bed linen, baby kit
- Laundry & Laundromat
- Renovation

Tel. +33 (0)4 50 90 44 73 • [www.property-services-flaine.com](http://www.property-services-flaine.com)

**PLOMBERIE MICHAEL BOULANT**

Plumbing, heating, ventilation, spa, sauna, steam bath. Installation, troubleshooting, maintenance, new and renovation

Les Carroz • Tel. +33 (0)6 29 84 24 20  
[michael.boulant@sfr.fr](mailto:michael.boulant@sfr.fr)

**SHOPS & SERVICES****Shop****L'ALPAGE****Souvenir gift store**

Take home a unique souvenir of your Flaine vacation: gifts, liqueurs, decorations...

Flaine Forum shopping center

Tel. +33 (0)4 50 96 36 92

**Services****MAKE YOUR VACATIONS EASIER!**

- Welcome your tenants on site.
- Accompaniment, inventory of fixtures, cleanliness checks and any other services you may require.
- Linen rental (sheets, towels, etc.).
- Rental of baby kit, strollers, laundry, laundromat...
- Cleaning kit.
- End-of-stay cleaning

Property Services - Flaine Forum

Tel. +33 (0)4 50 90 44 73

[www.property-services-flaine.com](http://www.property-services-flaine.com)

**SKI LOCKERS****Why carry your skis all the way back to your accommodation?**

Book your ski locker at the foot of the slopes and the Grands Vans chairlift. Several options are available, including equipment servicing.

*Open daily all winter from 8.45am to 5.30pm.*

Patrick's Ski Lockers

Le Panoramic residence - Flaine Forêt

Tel. +33 (0)6 32 83 82 00

[patskilockers@gmail.com](mailto:patskilockers@gmail.com)

**PLUMBING/HEATING - MICHAEL BOULANT**

- Plumbing repairs.
- Heating work (wood, oil, gas, electric boilers, heat pumps).
- Sanitary work (bathroom renovation and creation) and VMC.
- Spa, sauna and hammam installation and maintenance.

Tel. +33 (0)6 29 84 24 20

[michael.boulant@sfr.fr](mailto:michael.boulant@sfr.fr)



Leave your skis at the bottom of the slope

**Patrick's Ski Locker**

Ski boot dryer-Heater  
Ski maintenance

le Panoramic - Flaine Forêt

00 (33) 450 969 318 [patskilockers@gmail.com](mailto:patskilockers@gmail.com)



# HEALTHY INFORMATIONS

## MEDICAL CENTER

**Winter season:** Monday to Saturday from 9am to noon and from 2pm to 7pm / Sunday & bank holiday from 10am to noon and from 2pm to 6pm

**Summer season:** Monday to Friday, from 10am to noon.

Flaine Forum  
Tel. +33 (0)4 50 90 81 42

## PHARMACY

**Winter season:** daily from 9am to 12:30pm and from 1.30pm to 7pm

**Summer season:** daily from 9am to 12:30pm and from 4pm to 7pm

Flaine Forum shopping center  
Tel. +33 (0)4 50 90 82 02

## RESCUE CENTER

Departure from Grandes Platières cable car.

Tel. +33 (0)4 50 90 80 58

# FLAINE INFORMATIONS

## FLAINE TOURIST OFFICE

**Winter season:** daily from 8:45am to 7:00pm

**Summer season:** daily from 9:00am to 12:30pm and from 2:30pm to 7:00pm

**Out season:** monday to friday from 9:00am to noon and from 1:00pm to 5:00pm

Flaine Forum  
Tel. +33 (0)4 50 90 80 01  
welcome@flaine.com  
flaine.com

## FLAINE MARKET

Every Monday from 4pm to 7pm at Flaine Forêt.

## POST OFFICE

**Winter season:** open monday, tuesday, wednesday, friday from 8.30am to 11.30am

**Summer season:** from monday to friday from 9.00am to noon.

Galerie marchande de Flaine Forum  
Tel. +33 (0)4 50 90 85 48

## NURSERIES AND MINI-CLUBS ❄️ 🌸

Set off on the slopes or on the hikes with peace of mind when you entrust your little ones from the ages of 6 months.



## ATM

Accessible 24/7

Flaine Forum - Shopping center 1<sup>st</sup> floor

## LAUNDROMAT

Monday to Saturday 9am to 8pm - Sunday 10am to 8pm.

Flaine Forum - Shopping center 1<sup>st</sup> floor opposite UCPA les Lindars

## Internet

### • Rent your pocket WiFi and stay connected everywhere!

Flaine Tourism Office, in partnership with Hippocketwifi, allows you to stay connected anywhere (slopes, room, restaurants/bars...) during your trip in Flaine.

- Avoid very expensive roaming fees during your trip in France.
- Unlimited internet access
- High-speed 4G network
- Easy to use
- Private and secure network
- Connect up to 10 devices simultaneously

Informations: [welcome@flaine.com](mailto:welcome@flaine.com)

Book it: <https://hippocketwifi.com/fr/reservez-pocket-wifi-flaine/>

### • 2 high-speed internet connections (charges apply):

- via the Tourist Office Wi-Fi network (free the morning only)
- via the whole resort's Neptune network.

- **Different bars, restaurants, shops and accommodations** suppliers throughout the resort offer this service, as well as Internet terminals, to guests.

# THE GRAND MASSIF

## AND ITS ENVIRONMENTAL

# COMMITMENT



The GRAND MASSIF ski area lays out its roadmap to limit its environmental impact by 2030.

### OBJECTIVE 1 : NET ZERO CARBON

Reducing direct greenhouse gas emissions by the ski area (electricity consumption, fuel consumption by vehicles, especially snow grooming machines, etc...)



### OBJECTIVE 2 : POSITIVE BIODIVERSITY

Reducing our impact on the natural environment and taking positive action (restoration of damaged areas, protection of sensitive zones, enhancement of the natural heritage, etc...)



### OBJECTIVE 3 : MANAGING WATER RESOURCES AND ZERO WASTE LOSS

Taking action to recycle our waste more effectively: improving recycling at source, identifying channels for recovering our specialist waste through recycling or reconditioning.

Understanding our water resources and implementing water-saving measures to ensure a balanced management of our water resources.



To find out more about our actions, visit [grand-massif.com](http://grand-massif.com)



## ENVIRONMENT

Car-free resort, transport by shuttles, links by lifts... A pioneer in terms of sustainable development, Flaine continues to launch innovative measures.

### *Yesterday, a pioneer in terms of sustainable development*

The first mountain resort to be equipped with main gas, the first to bury its electric cables, to get cable TV, to install artificial snowmaking equipment...Flaine was at the cutting edge right from the word go. As far as getting around this car-free resort is concerned, everything can be easily reached on foot, on skis, by shuttlebus or thanks to 2 inclined lifts. A pioneer in terms of sustainable development, Flaine continues to launch innovative measures 50 years on.

### *Today focused on ecology*

#### THE ENVIRONMENTAL OBSERVATORY

**In 2007, Flaine ski area decided to establish an environmental observatory, which is now being extended throughout the Grand Massif.** With an aim to protect and respect the exceptional natural heritage, it covers 4,219 hectares over 5 different municipalities. Its goal is to carry out exhaustive research and counts on biodiversity in all its forms: landscape, flora and fauna. This snapshot of the local biodiversity makes it possible to track growth in a factual way, to find solutions to preserve the natural environment or restore it to its original state, and to preserve zones noted as problematic by the observatory. It places great importance on its desire to be exemplary in the way actions are implemented with regards the authorities and the regulations that are in place, taking a groundbreaking approach to its projects. The work carried out comprises three areas: observations, understandings and actions.

#### NATURE WATCH SERVICE ❄️ 🌸

A wealth of discreet mountain animals live alongside Flaine's visitors, and you can set out to discover them thanks to the **nature watch service** run, in winter and in summer. Embark on a unique experience in the company of a mountain leader, and armed with a pair of binoculars, get to know our mountain animals, find out more about their amazing versatility and learn how we can help to protect them. **Free activity.**



### *Tomorrow target 2030*

Grand Massif Domaines Skiabes is implementing a trajectory to limit its pressure on the environment by 2030.

For each goal, the implementation of concrete actions is planned. For residual impacts, compensation measures are adopted.

- **ZERO NET CARBONE:** One more step towards 0 carbon thanks to HVO fuel / Reforestation of the territory's forests.
- **POSITIVE BIODIVERSITY:** A management plan for natural spaces in Flaine / Revegetation of work areas / Restoration of wetlands / Protection of wintering areas for Black Grouse and Ptarmigan.
- **ZERO LOST WASTE:** Target "0 trash on the ski area" / Recycling of ski lift tires.








# SKI SCHOOL & SNOWBOARD

# FLAINE

PRIVATE LESSONS  
LITTLE ONES  
CHILDREN GROUPS  
ADULT GROUPS  
SNOWBOARD  
OFF-PISTE

9 persons maximum  
Test and medal free



**www.esi-grandmassif.com**  
flaine@esi-grandmassif.com  
+33 (0)450 90 84 41



**The ESF's Team  
is committed to making  
your holidays in Flaine  
a pure moment of  
happiness**

Savoyarde dinner followed  
by a torchlight descent





Half-day snowshoes  
hiking

Looking to escape and  
explore Flaine, let's do  
it together



During all winter we propose to you our different group les-  
sons ski, snowboard, freestyle and competition,  
but also our customized courses







# Come to see us !

**E** Im. Aldébaran—Flaine Forum  
**S** Rés. P&V La forêt—Flaine Forêt  
**F** Rés. P&V Les terrasses d'Hélios—Flaine 1800  
Tel : +33 (0) 450 908 100  
Email : info@esflaine.fr



# SKI & SNOWBOARD SCHOOLS



## Esi Grand Massif

The school has been based in Flaine since 1974, and its instructors all hold state qualifications.

Group lessons limited to 9 people to help everyone progress. Fun, modern teaching methods to delight holidaymakers.

GROUP CLASSES LIMITED TO 9 PEOPLE - SUNDAY TO FRIDAY	
SKI/SNOWBOARD 5 TO 12 YRS	<b>€245</b>
SKI/SNOWBOARD 13 TO 17 YRS	
SKI/SNOWBOARD ADULTS	

- **Private lessons:** instructors specialising in skiing, snowboarding, telemark skiing, Nordic skiing and snowshoeing will cater for everyone's needs: beginners, touring, technique, freeride, freestyle, touring (on skis, snowboard or snowshoes).
- **Tapering prices:** from €65/hour.
- **Children's special:** adapted lessons in mother tongue (French, English, Dutch, German, Spanish, Italian and Russian).
- **Specialist:** Freeride and Freestyle courses.
- **Snowshoe outings:** ½ day from €25/pers.
- **3/5 years Jardin des neiges Bissac "Les Tout Petits":** a safe, fun place to learn (garden with magic carpet). Lessons include a snack break at the Bissac chalet restaurant. Booking recommended.

ESI Grand Massif

Tel. +33 (0)4 50 90 84 41  
flaine@esi-grandmassif.com  
www.esi-grandmassif.com



## Ecole de ski Français

The ESF instructors at Flaine welcome you throughout the season to help you discover all forms of snow sports in a friendly group atmosphere or in individual lessons to help you progress at your own pace.

SKI, SNOWBOARD GROUP COURSES		
	ADULTS/YOUNG PEOPLE +13 YRS	SKI - CHILDREN 3 TO 12 YRS
<b>6 half days</b>	<b>€225</b>	<b>€209*</b>

\*Medals included for 6 ½ day lessons for children's ski levels.

### The ESF offers:

- Team Rider courses, from €218 per week.
- Half-day snowshoe outings, €26/pers (equipment provided).
- Half-day competition courses.
- Flèche and Chamois passes, open to all, €10/pers.
- Ski Privilège "6 children max" from beginner to Etoile de Bronze - 6 lessons at €199.
- Competition courses €218/per week.

*Reservations recommended throughout the winter season.*

**The Rabbit Club is closed for the winter 2023-2024.**

École du Ski Français de Flaine

Tel. +33 (0)4 50 90 81 00  
info@esf-flaine.fr  
www.esf-flaine.fr

[www.skiflaineinstituteurs.com](http://www.skiflaineinstituteurs.com) [guy.pezet@wanadoo.fr](mailto:guy.pezet@wanadoo.fr)



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all levels / piste or off piste  
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LUC +33685413553  
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## Catherine et Nicolas - Ski instructors

Catherine, specialised in private tuition for children from 2 years ½.

Nicolas, Individual lessons for children and adults at all levels.

Tel: +33 (0)6 09 26 60 08

Tel: +33 (0)6 79 14 31 01

[www.skicat74.com](http://www.skicat74.com)

## FLAINE MOUNTAIN - ECOLE SKI FLAINE

### Ski instructors and mountain leader

Ski-telemark-snowboard-splitboard-handi ski-ski touring-snowshoeing, children ski lessons

Magasin Flaine Sport - Flaine Forêt • +33 (0)6 03 29 44 86  
[contact@ecole-ski-flaine.fr](mailto:contact@ecole-ski-flaine.fr) • [www.ecole-ski-flaine.fr](http://www.ecole-ski-flaine.fr)



## STAGES FRANÇOIS SIMOND

Simond Sports - Flaine Forum  
Tel. +33 (0)6 26 82 57 63  
[francois-simond@wanadoo.fr](mailto:francois-simond@wanadoo.fr)  
[www.stageskiflaine.com](http://www.stageskiflaine.com)

## DJÉ SNOWBOARD

Jérôme Granthil

Tel. +33 (0)6 64 23 58 98  
[ecolesnowboardflaine@gmail.com](mailto:ecolesnowboardflaine@gmail.com)  
[www.ecolesnowboardflaine.com](http://www.ecolesnowboardflaine.com)

## FLAINE SKI CLINIC

Lynne Stainbrook

Tel. +33 (0)6 68 66 76 17  
[lynnestainbrook@aol.com](mailto:lynnestainbrook@aol.com)  
[www.flaineskiclinc.com](http://www.flaineskiclinc.com)

## PASCAL CHENOT

Tel. +33 (0)6 50 200 888  
[pascal.skiorganisation@yahoo.fr](mailto:pascal.skiorganisation@yahoo.fr)

## FLAINE MASTER CLASS

Général Sport - Le Hameau de Flaine  
Tel. +33 (0)4 50 90 87 16  
+33 (0)6 12 90 84 14  
[info@ski-rental-flaine.com](mailto:info@ski-rental-flaine.com)  
[www.ski-rental-flaine.com](http://www.ski-rental-flaine.com)

## BROISIN LAURENT - HIGH MOUNTAIN GUIDE

Off-piste skiing, ski touring and Vallée Blanche  
Tel. +33 (0)6 60 08 81 79  
[broisinl@hotmail.com](mailto:broisinl@hotmail.com)  
[www.flaine-parapente.com](http://www.flaine-parapente.com)

# INSTRUCTORS & MOUNTAIN GUIDES

## Instructors

### CATHERINE AND NICOLAS

I ski with CATHERINE! Qualified ski instructor specialised in private tuition for children from 2 years ½. French and English speaking.

Nicolas, a professional ski teacher, both patient and encouraging with a great experience. English and French speaking. Individual lessons for children and adults at all levels.

**Catherine Pouppeville: +33(0)6 09 26 60 08**

**Nicolas Pouppeville: +33(0)6 79 14 31 01**

[catherinepouppeville74@gmail.com](mailto:catherinepouppeville74@gmail.com)

[www.skicat74.com](http://www.skicat74.com)

### PASCAL CHENOT

Pascal, ski/snowboard instructor and cameraman since 1985, brings his expertise and experience during your stay in Flaine, gentle and gradual approach tailored to your needs. All levels (children – adults), private lessons (min. 2h), day or half-day.

**Pascal Chenot**

Tel. +33 (0)6 50 200 888

[pascal.skiorganisation@yahoo.fr](mailto:pascal.skiorganisation@yahoo.fr)

### FLAINE MOUNTAIN

Qualified ski instructors and mountain leaders, who live in Flaine all year round. They share their experience and versatility in snow sports teaching as well as for the exploration of unspoiled snow-covered nature. Skiing - ski touring - off-piste - telemark - snowboard - splitboard - snowshoeing - adaptive skiing - children ski.

**Philippe Clerc: +33 (0)6 03 29 44 86**

[contact@ecole-ski-flaine.fr](mailto:contact@ecole-ski-flaine.fr)

[www.ecole-ski-flaine.fr](http://www.ecole-ski-flaine.fr)



## STAGE FRANÇOIS SIMOND

François Simond, ex-member of the French alpine ski team and former World Cup competitor, offers:

- Ski clinics for children and teenagers
- Technical skiing, competition and off piste
- Training and preparation for the instructor qualification.

**Simond Sport - Flaine Forum**

Tel. +33 (0)4 50 90 80 97

+33 (0)6 26 82 57 63

francois-simond@wanadoo.fr

## DJÉ SNOWBOARD / JÉRÔME GRANTHIL

Instructor, State qualified, specialized snowboard, offers collective courses for levels: beginner - intermediate - expert. 8 people max / group, from Sunday to Friday.

Tel. +33 (0)6 64 23 58 98

ecolesnowboardflaine@gmail.com

www.ecolesnowboardflaine.com

## FLAINE SKI CLINIC

Lynne Stainbrook, an American ski instructor with 45+ years of international experience, provides private lessons to individuals or small groups of all levels. Lynne teaches proper technique through ski skills using a gentle psychological approach. French National Diploma (ENSA), BASI level 3 & Race Trainer, ISIA, PSIA, APSI.

Tel. +33 (0)6 68 66 76 17 (*during the season*)

lynnestainbrook@aol.com

www.flaineskiclinc.com

## FLAINE MASTER CLASS

Flaine born and bred, state qualified ski instructors, Serge and Philippe Cornillat offer lessons for all levels (in French, English or Spanish); hourly, ½ day, full day – on piste and off-piste, freeride, ski touring, split boarding, snow kite, snowshoes.

**Général Sport - Hameau de Flaine**

Tel. +33 (0)4 50 90 87 16

info@ski-rental-flaine.com

www.ski-rental-flaine.com

## MONITEURS INDÉPENDANTS FLAINE GRAND MASSIF

Marie-Claude, Luc and Guy, specialists in your private lessons - adults or children from 1 to 6 students max.

Come and discover the Flaine and Grand Massif ski areas with them, on marked itineraries or off-piste. You can also learn or improve your ski touring skills.

**Guy: +33 (0)6 07 19 56 09**

**Luc: +33 (0)6 85 41 35 53**

**Marie-Claude: +33 (0)6 81 08 26 97**

**guy.pezet@wanadoo.fr**

**www.skiflainemoniteurs.com**



## High mountain guide

Laurent Broisin invites you to discover the off-piste in and around Flaine.

**Off-piste skiing - ski touring - vallée Blanche.**

Tel. +33 (0)6 60 08 81 79

broisinl@hotmail.com



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Galerie Marchande Flaine Forum  
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- **Hameau de Flaine** at Général Store

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**www.immorenand.com**

# ACCOMMODATIONS

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## MOUNTAIN COLLECTION

Flaine Forum • Tel. +33 (0)4 50 90 46 70  
[contact-flaine@mountaincollection.com](mailto:contact-flaine@mountaincollection.com) / [www.mountaincollection.com](http://www.mountaincollection.com)

Our estate agency offers you a large choice of apartments and chalets on rental during the winter season and the summer season. Our bilingual team can propose you:

- Special offers on package including accommodation +ski passes and ski lessons
- Services like bedlinen and towels rental, final cleaning
- The Flaine Summer Pass included in your booking of at least 6 nights during the summer season

We can also help you in purchasing or in evaluating and selling your ski property.

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## PRIVATE CENTRAL RESERVATION FLAINE RESERVATION

2 RECEPTIONS:  
 Hameau de Flaine at the General Store  
 Flaine Forum shopping center  
 (above Tourist office).

Tel. +33 (0)4 50 90 40 40  
[accueil@flaine-reservation.com](mailto:accueil@flaine-reservation.com)  
[www.flaine-reservation.com](http://www.flaine-reservation.com)

Flaine Reservation- Maeva Home offers you:

- Apartments near the slopes or chalets in the Hameau de Flaine- for a weekly short stay
  - Ski pass, ski classes and equipment at reduced rates
- We will also assist you in your plans to buy or sell an apartment, chalet or commercial space in Flaine.

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## AGENCE IMMOBILIÈRE RENAND

Flaine Forum shopping center  
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[flaine@immorenand.com](mailto:flaine@immorenand.com)  
[www.immorenand.com](http://www.immorenand.com)  
[www.grandmassif-resa.com](http://www.grandmassif-resa.com)

This agency offers rental management services, concierge services and para-hotel services, sales and specialized purchases online and in the international market.

ESTATE AGENCY ❄️ ❄️



ONLINE BOOKING



## WHITE HORIZON PROPERTY SERVICES

Flaine Forum  
 Tel. +33 (0)6 44 34 20 10

[contact@whitehorizonservices.com](mailto:contact@whitehorizonservices.com)  
[www.whitehorizonservices.com](http://www.whitehorizonservices.com)

This agency offers rental & property management, bespoke conciergerie services and para-hotelier services for properties, specialized online and international rental & sales.

## UCPA LES LINDARS

### The UCPA centre 'Les LINDARS' offers:

- Ski and snowboard courses (all level) for adults (aged 18 to 40);
- 7 nights all-inclusive package: accommodation in rooms sleeping 2 or 4 pers., full board, ski pass, equipment, supervision and entertainment;
- From 2-day to 4-day breaks also available some dates.
- Center dedicated to families during school holidays.



Centre UCPA Les LINDARS  
Tel. +33 (0)4 50 47 65 75  
flaine-lindars@ucpa.asso.fr  
Reservation: [www.ucpa-vacances.com](http://www.ucpa-vacances.com)

## UCPA ALTAIR

- Ski and snowboard courses (all level) for juniors (aged 11 to 17)
- 7 nights all-inclusive package: accommodation in rooms sleeping 4, full board, ski pass, equipment, supervision and entertainment;
- Weekends and 2-3-day breaks also available some dates for adultes group.

Centre UCPA ALTAIR - Tel. +33 (0)4 50 90 82 64  
flaine-altair@ucpa.asso.fr  
Reservation: [www.ucpa-vacances.com](http://www.ucpa-vacances.com)

## REFUGE DE PLATÉ

Need a change of scenery?  
To spend a night out of time  
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Tel. +33(0)6 63 62 42 90  
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Enjoy an All-Inclusive experience  
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Restaurant • Children's clubs • Entertainment • Wellness area

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### Village Club MMV \*\*\* Le Flaine

Recently refurbished, the mmv MMV Village Club Le Flaine, rated 3 stars Holiday Village, welcomes you in the heart of the resort. Enjoy its lounge with the listed fireplace and the suspended terrace with a breath-taking view. Energize yourself with a unique mountain activities program. While children are in the Kids Club, get off the ski slopes non-stop or relax in the wellness area. Then enjoy your meal at the restaurant before an early evening entertainment with shows and happenings.

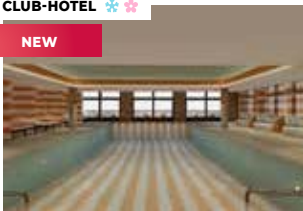
- Hotel services
- Full Board
- Daytime and evening entertainment
- Kids & Teens Club from 18 months to 17 years
- Children are walked to their ski lessons by MMV staff
- Wellness area : jacuzzi, sauna, hammam
- free outdoor activities

INFORMATIONS ET RÉSERVATIONS :  
[mmv.fr](http://mmv.fr) OU + 33 (0)4 92 12 62 12



CLUB-HOTEL ❄️🌸

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### BELAMBRA FLAINE PANORAMA

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 Tel. +33 (0)1 46 10 13 14  
[www.belambra.com/locations/auvergne-rhone-alpes/club-flaine-panorama-hiver](http://www.belambra.com/locations/auvergne-rhone-alpes/club-flaine-panorama-hiver)

Facing the Grand Massif and directly at the foot of the slopes, come and discover the latest Belambra 5B club for your family holidays. With our all Inclusive formula, we invite you to let go and put your feet under the table.

Children's clubs from 4 months to 17 years, indoor pool, spa, 2 restaurants, bar, discover the best of the Belambra experience.

HOLIDAYS CENTRE ❄️🌸



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### UCPA SPORT VACANCES • CENTRE FLAINE ALTAÏR

Front de neige  
 Tel. +33 (0)4 50 90 82 64

Reservation: +33 (0)9 69 390 392  
[flaine-altair@ucpa.asso.fr](mailto:flaine-altair@ucpa.asso.fr)  
[www.ucpa.com](http://www.ucpa.com)

This center offers 210 places on 3 floors away from collective areas. The rooms have been «re-designed» in the style of wooden boat cabins, and re-arranged with a sink area. They accommodate 4 or 5 people. Showers and toilets are upstairs.

HOLIDAYS CENTRE ❄️



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### UCPA SPORT VACANCES • CENTRE FLAINE LINDARS

Flaine Forum  
 Tel. +33 (0)4 50 47 65 75  
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[flaine-lindars@ucpa.asso.fr](mailto:flaine-lindars@ucpa.asso.fr)  
[www.ucpa.com](http://www.ucpa.com)

The UCPA Lindars Center, located in the heart of Flaine Forum, welcomes you all inclusive. Thanks to this very complete formula, you benefit from all the comfort and the quality of the ski lessons.

CLUB-HOTEL ❄️🌸



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### CLUB HOTEL MMV LE FLAINE\*\*\*

Flaine Forum  
 Tel. +33 (0)4 50 90 47 36

Tel. réservation : +33 (0)4 92 12 62 12  
[courrier@mmv.fr](mailto:courrier@mmv.fr) / [www.mmv.fr](http://www.mmv.fr)

Set in an ideal location, just 100 metres from the top of the ski lifts, this 3-star club hotel has been recently renovated.

Many different services are available for unique family Club experiences. Run by trained activity organisers, the Kids' clubs offer fun mountain-themed activities and entertainment. The MMV apres-ski, buffets and themed dinners will delight gourmands; and last but not least, there's the Spa for some relaxation.



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[www.mgm-hotels-residences.com/en/apartments-flaine-hotel-alhena](http://www.mgm-hotels-residences.com/en/apartments-flaine-hotel-alhena)

The Alhena hotel reinvents a true art of mountain living, putting guests at the heart of everything it does. For your comfort, the hotel offers premium suites ranging from 30 to 130 m<sup>2</sup>. Heated indoor pool, children's pool, sauna, hammam, whirlpool, Nordic bath, sensory shower, fitness room with Technogym® equipment, Spa Montagne du Monde® treatment area with single and double cabins.

HOTEL ❄️



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### TOTEM FRIENDLY HOTEL\*\*\*

Flaine Forum

Tel. +33 (0)4 30 05 03 40

Tel. booking: +33 (0)4 30 05 03 59

[reservation@tn-totem.com](mailto:reservation@tn-totem.com)

[www.terminalneigetotem.com](http://www.terminalneigetotem.com)

The mix of natural materials, the concrete character of the building alongside the chestnut oak furniture are all made to measure. All of this helps to create an intimate and artistic atmosphere that you can discover in all 96 rooms. Bar/restaurant: buffet or "à la carte". Ski shop. Ski in /ski out. Totem Spa: 3 treatments rooms with one for Duo. Wellness area: fitness room, saunas, relaxation room, outdoor terrace with a whirlpool bath. Ski in, ski out.

REFUGE ❄️ ⭐



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### REFUGE DE PLATÉ

Tel. +33 (0)6 63 62 42 90

<https://refugedeplate.ffcam.fr/>

[refugedeplate74@gmail.com](mailto:refugedeplate74@gmail.com)

Isolated in the heart of a wild plateau, the Refuge de Platé welcomes you for an extraordinary evening. Come and enjoy a colorful meal before a night in a rustic dormitory. Fondue, croziflette, berthoud... the warden is on hand to arrange a meal to suit your tastes. The next day, after a good breakfast, you can ski tour or hike to Flaine and the Grandes Platières. Platé is a typical mountain refuge with spartan comforts: no showers, no running water. The dry toilets are at the bottom of the garden. It's the ideal place to switch off, refocus on the essentials, enjoy the wilderness and create unforgettable memories.

HOTEL ❄️



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### ROCKYPOP FLAINE HOTEL & SPA\*\*\*\*

Flaine Forum

Tel. +33 (0)4 80 16 12 21

[flaine@rockypop.com](mailto:flaine@rockypop.com)

[www.rockypop.com](http://www.rockypop.com)

RockyPop is the new hot spot of Flaine! The joy of togetherness could be the motto of RockyPop, where is all about entertainment and the experience of living together in a fun and relaxed atmosphere. Discover the full range of practical and original services: a huge cocktail bar with games and karaoke rooms, diversified food options, 5 meeting rooms, a grocery store, a Spa by Nuxe with indoor swimming pool... To sleep, 118 rooms & apartments for 1 to 10 people!



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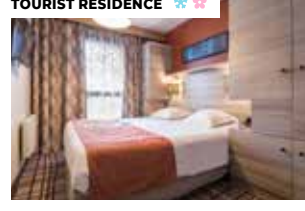
### PIERRE ET VACANCES PREMIUM LES TERRASSES D'EOS\*\*\*\*\*

Flaine Les Gérats  
Tel. +33 (0)4 50 91 44 00

reception.flaine-eos@groupepvc.com  
www.pierreetvacances.com

Located on the heights of Flaine, with a breathtaking view of Grand Massif area, this Premium residence is ski in/ski out. It is equipped with a wellness area with heated outdoor pool, indoor jacuzzi, sauna, steam room and fitness room.

TOURIST RESIDENCE ❄️❄️



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www.pierreetvacances.com

Located on the heights of Flaine, with a breathtaking view of Grand Massif area, this Premium residence is ski in/ski out. It is equipped with a wellness area with heated outdoor pool, indoor jacuzzi, sauna, steam room and fitness room.

TOURIST RESIDENCE ❄️



ONLINE BOOKING



### ROCKYPOP FLAINE APPARTEMENTS & SPA \*\*\*\*

Bâtiment Aujon - Flaine Forum  
Tel. +33(0)4 80 16 12 21

flaine@rockypop.com  
www.rockypop.com

RockyPop is the new hot spot of Flaine! The joy of togetherness could be the motto of RockyPop, where is all about entertainment and the experience of living together in a fun and relaxed atmosphere. Discover the full range of practical and original services: a huge cocktail bar with games and karaoke rooms, diversified food options, 5 meeting rooms, a grocery store, a Spa by Nuxe with indoor swimming pool...  
To sleep, studios and apartments up to 10 people!

TOURIST RESIDENCE ❄️❄️

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### ALHÉNA RESIDENCE & SPA

Flaine Front de Neige booking@mgm-groupe.com Tel. +33(0)4 50 27 22 72  
www.mgm-hotels-residences.com/en/apartments-flaine-residence-alhena

Alhéna residence offers an exceptional location: ski-in/ski-out and south-facing. The residence comprises a hotel, a tourist residence and a restaurant. The flats (3 to 4 rooms) have large windows and balconies overlooking the surrounding countryside. Each flat has its own ski locker with boot dryer, private cellar and covered car park. Heated indoor swimming pool, children's pool, sauna, hammam, whirlpool, Nordic bath, sensory shower, fitness room with Technogym® equipment, Montagne du Monde® Spa treatment area with single and double cabins.



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accueil.panoramic@odalys-vacances.com

odalys-vacances.com

RCS Paris 511 929 739 - Photo : Xavier



À CHAQUE ENVIE SES VACANCES

**FLAINE**  
**La Forêt \*\*\***

Located on the heights of Flaine, on the slopes, 100m from the shops and entertainment, the residence offers spacious and comfortable apartments from 2-bedrooms for 4/5 people in 3-bedrooms for 6-7 people. Possibility of short stay.

reception.flaine-foret@groupepvc.com  
www.pierreetvacances.com  
+33 (0)4 50 90 87 99

*Madame Vacances* SINCE 1974

### RÉSIDENCE LES TERRASSES DE VERET\*\*\*

Health & Fitness suite with  
indoor swimming pool and spa

Direct access to the slopes  
and close to the resort centre

Indoor parking and ski lockers available

+33 (0)4 79 65 08 41  
www.madamevacances.com



## TOURIST RESIDENCE ❄️ ❁



ONLINE BOOKING

**DORMIO RESORT LES PORTES DU GRAND MASSIF\*\*\*\***

Flaine Les Gérats

Booking: +33 (0)3 66 740 074

Tel. +33 (0)4 50 53 18 62

booking@dormioholidays.nl

[www.dormio.fr/vacances/resorts/les-portes-du-grand-massif-flaine](http://www.dormio.fr/vacances/resorts/les-portes-du-grand-massif-flaine)

At 1850 meters high you will find the spacious and luxurious apartments and chalets, for 4 to 12 persons, with a spectacular view over Flaine. For most of the season, you can use the ski slope near the residence to get to the first ski lift. In the summer you can play golf on the adjacent golf course with a breath-taking panoramic view and enjoy a lot of outdoor activities. After an active day, it's time to relax in the wellness area. In our renewed restaurant, with its warm ambiance, you can enjoy culinary delights while having the most spectacular view of Flaine.

## TOURIST RESIDENCE ❄️ ❁



ONLINE BOOKING

**RESIDENCE ODALYS LE PANORAMIC\*\*\***

Flaine Forêt

Booking: +33 (0)8 25 56 25 62 (0.18 €/min)

Tel. +33 (0)4 50 89 19 20

adv@odalys-vacances.com

[www.odalys-vacances.com/location-montagne/haute-savoie/flaine/](http://www.odalys-vacances.com/location-montagne/haute-savoie/flaine/)

The residence, "ski in-ski out", offers fully equipped apartments, accommodating up to 8 people. By booking with Odalys, you can access discounts on ski passes, ski equipment and ski lessons. Indoor heated swimming pool, sauna and hammam. In summer: 2 free hikes with professional and free activities with Flaine Summer Pass.

## TOURIST RESIDENCE ❄️ ❁



ONLINE BOOKING

**PIERRE ET VACANCES RESIDENCE LA FORÊT\*\*\*\***

Flaine Forêt

reception.flaine-foret@groupepvcp.com

Tel. +33 (0)4 50 90 87 99

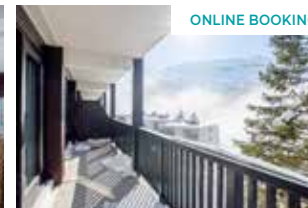
[www.pierreetvacances.com](http://www.pierreetvacances.com)

Located on the heights of Flaine, on the slopes, 100m from shops and entertainment, the residence offers spacious and comfortable apartments from 2-rooms for 4 people to 3-rooms for 6 people. Possibility of short stays.

## TOURIST RESIDENCE ❄️ ❁



ONLINE BOOKING

**MADAME VACANCES - LES TERRASSES DE VERET\*\*\***

Flaine Forêt

clients@madamevacances.com

Tel. +33 (0)4 79 36 36 51

[www.madamevacances.com](http://www.madamevacances.com)

Tel. reservation : +33 (0)4 79 65 08 41

The residence welcomes you in spacious, comfort and modern apartments, with a fully equipped kitchen and a terrace or a balcony opening onto the resort. After a day on the slopes or hiking, you will have to walk only a few steps to come back to Les Terrasses de Véret residence and take advantage of the swimming pool. Comfortably settled in the exterior jacuzzi, all you will have to do is marvel at the panoramic view surrounding mountains.

# BLACKside.

www.blackside.fr

Partenaire : **Metski.**

## TECHNICAL CLOTHING



Open:  
8am - 7.30pm

Show your **BONUS CARD DISCOUNT**  
➔ **Discount 20% on rental**  
Tel. +33 (0)4 50 90 83 06

Tél : +33 (0)4 50 90 99 41  
ludo.olivar@gmail.com  
extrem-mountain.com

**SKISET** FORUM  
Extrem Mountain  
next to tourist office



- Technical clothing sport and fashion
- Board shop
- Hire ski and snowboard
- Repair and maintenance workshop
- Boot fitting

7/7 - 8.30am - 7.30pm

**SKISHOP HELIOS**  
café

Tel. +33 (0)4 50 90 80 97  
+33 (0)4 50 47 75 34

sm@skishop-helios.com  
www.skishop-helios.com



# SIMOND

## SPORTS



- **Flaine Forum** : Résidence Aldébaran,  
Tel. +33 (0)4 50 90 80 97
- **Flaine Forêt** : Pierre et Vacances  
Tel. +33 (0)4 50 90 85 39

**SALES** • Fusalp, Colmar, Spyder, Millet, Henri Duvillard, Timberland, MOON BOOT, Uvex, Bollé, Julbo.

**RENTAL** • Skis - Snowboard - Ski touring equipment - Cross country skiing

**REPAIR / PREPARATION WORKSHOP**

## SIMOND SPORTS

Résidence Aldébaran - 74300 FLAINE FORUM - Tel. +33 (0)4 50 90 80 97  
sm@simond-sports.com - [www.simond-sports.com](http://www.simond-sports.com)

2 sport shops in Flaine

**General Sport** **SKISET** **SnowService**

Flaine - Le Hameau  
04 50 90 87 16

Flaine - Forêt  
04 50 90 87 12

**RENTAL - SALE - REPAIR/TUNING**  
Save up to 40% buy booking on [ski-rental-flaine.com](http://ski-rental-flaine.com)  
[ski-rental-flaine.com](http://ski-rental-flaine.com) - [info@ski-rental-flaine.com](mailto:info@ski-rental-flaine.com)

**SPORT 2000** **Flaine Super Ski**  
Technical Center

**RENTAL / SALE / REPAIRS**

Ski boots specialist, boot fitting, racing, ski touring • 3 shops

**Flaine les Gérats**  
Rés. Les Portes du Grand Massif  
Tel. +33 (0)4 50 18 74 88

**Flaine Forum**  
Im. Aldebaran  
Tel. +33 (0)4 50 90 82 88

**Flaine Forêt**  
Galerie marchande  
Tel. +33 (0)4 50 90 30 62

**Online reservation, - 20 % to - 45 %**  
[www.flainesuperski.com](http://www.flainesuperski.com)

**BLACK SIDE - NETSKI ❄️ ❁****Flaine Forum**

Tel. +33 (0)4 50 90 83 06  
 jm@blackside.fr  
 www.blackside.fr

The Flaine's freeride, snow/ski shop.

*Open from 8.30am till 7.30pm nonstop.*

**SKISET FORUM - EXTREM MOUNTAIN SHOP ❄️ ❁****Flaine Forum**

Tel. +33 (0)4 50 90 99 41  
 contact@extrem-mountain.com  
 www.skiset.com

Snowsports equipment rental (ski, snowboard, snow shoes, ski touring...) and electric mountain bike rental (summer). Men's, women's and children's ski clothing, technical ski clothing and accessories available to buy.

**SKISET GÉNÉRAL SPORT ❄️****Flaine Les Gérats - Hameau de Flaine**

Tel. +33 (0)4 50 90 87 16

**SKISET SNOW SERVICE ❄️****Flaine Forêt - Galerie marchande**

Tel. +33 (0)4 50 90 87 12

info@ski-rental-flaine.com  
 www.ski-rental-flaine.com

*2 shops open daily.*

Rental and sale of ski equipment and accessories. Panoramic webcam.

2 repair and maintenance workshops.

**SPORT 2000 - FLAINE SUPER SKI ❄️****Flaine Les Gérats - Résidence Les Portes du Grand Massif**

Tel. +33 (0)4 50 18 74 88

**Flaine Forum**

Tel. +33 (0)4 50 90 82 88

magasin@flainesuperski.com  
 www.flainesuperski.com

3 shops. Rental and sale. Specialists in competition, boot fitting and ski touring.

**Flaine Forêt**

Tel. +33 (0)4 50 90 30 62

**SIMOND SPORTS - SKIMIUM ❄️**

2 shops.

The quality of major brands combined with a personalized approach.

**Flaine Forum**

Tel. +33 (0)4 50 90 80 97

**Flaine Forêt**

Tel. +33 (0)4 50 90 85 39  
 sm@simond-sports.com  
 www.simond-sports.com

**SKISHOP HELIOS ❄️****Flaine Les Gérats - Résidence Les Terrasses d'Hélios**

Tel. +33 (0)4 50 90 80 97  
 +33 (0)4 50 47 75 34

sm@skishop-helios.com  
 www.skishop-helios.com

A warm welcome and a high level of expertise are the main arguments for our business, which is entirely devoted to skiing in all its forms.

❄️ Winter ❁ Summer



## Taxis

### FERREIRA TAXI

Group and individual transport. Airport, bus and train station. Any distances and Grand Massif resorts.

3 vehicles 4X4.

Tel. +33 (0)6 13 45 19 57 • ferreira.taxi@orange.fr • www.ferreirataxi-74.com

### MONT-BLANC TAXI

- Resort, Geneva airport, train stations transfers
- Repatriation
- 8-seater minibus WW Confort 4x4

Tél/Fax +33 (0)4 50 90 07 45 +33 (0)6 16 768 768

info@montblanc taxi.com • www.montblanc taxi.com



### TRANSÈVÈNEMENTS

Transfers to airports (Geneva, Lyon, Chambéry) and all stations. Closed luggage trailer, vehicle for up to 7 people, 24/7. All-inclusive rates available for day/weekend trips.

Tel. +33 (0)6 67 80 07 02 • transevenements@yahoo.fr

### TAXI RHÔNE ALPES

• Hospital, airport, bus and train stations transfers. Any distances. 7/7.

• 9-seater minibus - 4x4.

• Services for reduced mobility travelers.

Tel. +33 (0)6 83 96 88 94 • taxi.rhone-alpes@hotmail.fr

## Transport

### EBA EUROBUS

**Regular bus line Flaine <-> Geneva Airport.**

On Saturdays and Sundays, from Geneva, return transport by the day with Grand Massif ski pass included.

<https://eba-eurobus.com/skibus>

Tel. +41 22 731 01 19 • booking@eba-eurobus.com



erica transferts

+33 06 23 25 00 72

mail@ericatransferts.com



All destinations 24/7



GOMASSIF.COM

Geneva Airport ↔ Flaine

Shared and private transfers

Online prices and reservations

### AIRPORT TRANSFERS • ALL DISTANCES



+33 (0)4 50 90 30 08

+33 (0)6 12 98 12 50

www.alps-direct.com

info@alps-direct.com

### FMJ Voyage

- Airport and railway station transfers, other destinations, 24 hours / 7 days.
- Transport for 1 to 53 passengers : estate car, people carriers, minibus and coach available, with driver.
- We organise trips, excursions and sightseeing circuits in the Rhône-Alpes region.



FMJ Voyage

15, rue des Acacias

74300 Magland

Booking and information

Tel: 04 50 89 56 37

Fax: 04 50 34 43 18

Email: [info@fmj-transport.com](mailto:info@fmj-transport.com)

Site: [www.fmj-voyage.com](http://www.fmj-voyage.com)





## EASY ACCESS

### Resort with a pedestrianised centre.

With a compact pedestrianised centre with services, shops, leasures areas and lifts all just a stone's throw from your accommodation.

## Bus transfers

### Cluses train station

Several buses run every day in winter and in summer. Reservations mandatory.

*Les Carroz-Flaine Express line.*

Tel. +33 (0)4 50 91 49 96 • [www.arvi-mobilite.fr](http://www.arvi-mobilite.fr) • [www.altibus.com](http://www.altibus.com)

### Free shuttle buses

They run throughout the day between Flaine Forêt, the Hameau de Flaine and the Col de Pierre Carrée (in winter: nordic area and in summer: golf course).

In summer, free shuttles run daily between Les Carroz and Flaine.

### Geneva airport and train station

Contact EBA Eurobus bus company, the taxis, the individual and group transports.

**EBA Eurobus +41 22 731 01 19**

[booking@eba-eurobus.com](mailto:booking@eba-eurobus.com)

<https://eba-eurobus.com/en/winter-regular-line/geneva-flaine>

## Taxis

### FERREIRA TAXI

Group and individual transport. Airports, bus and train stations. Any distances. 4 vehicles, 3 of which are 4X4.

Tel. + 33 (0)6 13 45 19 57

[ferreira.taxi@orange.fr](mailto:ferreira.taxi@orange.fr)

[www.ferreirataxi-74.com](http://www.ferreirataxi-74.com)

### MONT-BLANC TAXI

Airport, bus and train station transfers. Mini-bus service. Services for reduced mobility travelers.

Tel. +33 (0)6 16 768 768

+33 (0)4 50 900 745

[info@montblanctaxi.com](mailto:info@montblanctaxi.com)

[www.montblanctaxi.com](http://www.montblanctaxi.com)

### TAXI RHÔNE-ALPES

Hospital, airport, bus and train station transfers. Any distances. 7/7. Services for reduced mobility travelers.

Tel. +33 (0)6 83 96 88 94

[taxi.rhone-alpes@hotmail.fr](mailto:taxi.rhone-alpes@hotmail.fr)

### TRANSÈVÈNEMENTS

All-distance transport for up to 7 people, enclosed luggage trailer - 24/7.

Package rates for day and weekend outings: Annecy - Chamonix - Grenoble...

Tel. +33 (0)6 67 80 07 02

[transevenements@yahoo.fr](mailto:transevenements@yahoo.fr)

## Individual and group transport

### ALPS-DIRECT.COM

Group and individual transport. Airports, bus and train stations. *Any distances, 7/7.*

Tel. +33 (0)6 12 98 12 50

+33 (0)4 50 90 30 08

[info@alps-direct.com](mailto:info@alps-direct.com)

[www.alps-direct.com](http://www.alps-direct.com)

### ERICA TRANSFERTS

Group and individual transfers, 9-seater vehicles "4 motion". Airport, train stations, bars/restaurants/nightclubs, excursions, ski trip and off-piste recovery – 24/7.

Tel. +33 (0)6 23 25 00 72

[mail@ericatransferts.com](mailto:mail@ericatransferts.com)

[www.ericatransferts.com](http://www.ericatransferts.com)

### FMJ VOYAGE

Group and individual transport. Airports, bus and train stations. 7/7. Excursions.

Tel. +33 (0)4 50 89 56 37

[info@fmj-transport.com](mailto:info@fmj-transport.com)

[www.fmj-voyage.com](http://www.fmj-voyage.com)

### GO MASSIF

Passenger transport between Flaine and Geneva airport.

*Online booking*

[www.gomassif.com](http://www.gomassif.com)

# RESORT MAP



**SALOMON**



**FLAINE TOURIST OFFICE  
OFFICIAL PARTNERS**



## Services

- 1 E4 Police - School Syndicat Intercommunal
- 2 E3 Auditorium
- 3 G5 Ski lift office
- 4 E4 Medical center
- 5 E4 Chapel
- 6 E4 Heating plant
- 7 F4 Cinema
- 8 G3 Club "Little One"
- 9 F4 Forum shopping center
- 10 E3 Forêt shopping center
- 11 F4 Nursery
- 12 F4 Post office
- 13 F4 Pharmacy
- 14 G5 Rescue center
- 15 E4 Technical office
- 16 F5 Rabbit Club
- 17 F4 Library / Art center
- 18 C5 Urban waste
- 19 C3 Fireman
- 20 D3 Welcome office (car park)
- 21 F4 Public pool
- 22 A2 Général Store
- 23 F4 Laundry

## Apartments blocks

- 1 G4 Aldébaran
- 2 F3 Andromède
- 3 E5 Antarès
- 4 D3 Arche
- 5 F3 Balance
- 6 F3 Béliér
- 8 E5 Bellatrix
- 9 E4 Bételgeuse
- 10 E5 Capella
- 11 G3 Capricorne
- 12 F4 Cassiopée
- 13 F3 Castor
- 14 B2 Châteaux de Cran
- 15 F5 Deneb
- 16 D3 Doris
- 17 D4 Eridan
- 18 E3 Gémeaux
- 19 E3 Pégase
- 20 E3 Grande Ourse
- 21 D3 Iris
- 22 E3 Pollux
- 23 G4 Grand Vans
- 24 E3 Sagittaire
- 25 E3 Sirius
- 26 E4 Vega
- 27 E3 Verseau
- 28 D4 Étoile polaire
- 29 E3 La Petite Ourse
- 30 D3 Les Pléiades

## Hotels

- 1 F4 Totem Friendly Hotel\*\*\*
- 2 E4 Rockypop Flaine Hotel & Spa\*\*\*\*
- 3 F4 Alhéna Hotel & Spa
- 4 H4 Lapiaz hotel

## Tourist residences

- 1 F3 La Forêt\*\*\*
- 3 G3 Les Terrasses de Veret\*\*\*
- 4 C2 Les Terrasses d'Eos\*\*\*\*\*
- 5 B1 Les Portes du Grand Massif\*\*\*
- 6 F4 Le Centaure\*\*\*\*
- 7 C2 Les Terrasses d'Hélios\*\*\*\*\*
- 8 G3 Le Panoramic\*\*\*
- 9 F5 Alhéna Residence & Spa

## Holiday centres

- 1 D4 U.C.P. A. Altaïr
- 2 F4 U.C.P. A. Les Lindars

## Club-hotels


- 1 E4 MMV Le Flaine\*\*\*
- 2 B2 Belambra Panorama\*\*\*\*


## Chalets


- 1 C1 Chalet Masson du 27° BCA


## Estate agencies

- 1 F4 Flaine Réservation
- 2 F4 Mountain Collection
- 3 F4 Agence Immobilière Renand
- 4 F4 White Horizon Property Services

 Tourist Office


 Parks :  
P0, P1, P2, P3, P4, P5, Pcol


 Bus park


 Free shuttle stop

 Public lift


 ATM


 Water closed


 Parking cash desk

 Ski lift office

 First aid post

 Ecole du Ski Français meeting

 ESI Grand Massif meeting

 Nordic area

# S/PRO SUPRA BOA

The next dimension in fit.



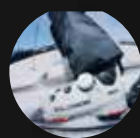
**EXOWRAP®** powered by the BOA® Fit System.



Smoother foot  
wrapping.



More contact,  
better fit.



Perfect ski-  
steering control.

Salomon's **EXOWRAP®** ecosystem expertly combines a highly optimized shell and latex-foam liner with the BOA® Fit System to wrap your feet with precision and deliver maximum foothold and performance.

**SALOMON**